

THANKFUL PRAYER CHAIN

"ChiFam Challenge"—an awesome activity for children & families

AIMED AT
CHILDREN & FAMILIES

Introduction

Life is very different from normal at the moment. What are some of the things that have changed for you?

When Paul wrote to the people who lived in the city of Thessalonica, he had a message for them about being thankful. He said, "Whatever happens, keep thanking God because of Jesus Christ. This is what God wants you to do." (1 Thessalonians 5:18).

That's the same for us! Even though things are different and changing all the time, we still have lots to be thankful for. Today I'm thankful that I saw a kookaburra sitting on my fence. What are you thankful for?

Activity: Thankful Prayer Chain

What you will need is:

- Paper, cut into strips
- Glue, staples, or sticky tape
- Pens, pencils, markers

To create your Thankful Paper Chain:

1. Cut up strips of paper to make a paper chain.
2. Have each member of your family take a handful of pieces. On each piece write or draw something you are thankful for.
3. Stick your paper chain together with glue, staples or sticky tape and hang it up to remember all the things you are thankful for.



Conversation:

Share with others in your family the things that you are thankful for. What are some things that are the same? What are different?

Does being thankful help you to feel better? How?

Is there a way to share things you're thankful for every day? Perhaps each day this week you could think of something you're thankful for and add it to the chain.

How might you turn the things that you're thankful for into a prayer?